This problem comes from MATH 1316 Trigonometry – David Katz

What is the phase angle for this trig function $f(x) = 4 + 5\sin(4\pi x - 3\pi)$?

Recall the role the various parameters play in a trig function $f(x) = K + A \sin(Bx + C)$:

- K = controls the upward or downward translation of the trig function. The line y = K is the center of the trig function's graph.
- A = controls the amplitude or height of the trig function. The maximum and minimum of the trig function's graph are at y = K + |A| and y = K |A|, respectively. If A < 0, then the graph has a reflection about the line y = K.
- B = controls the period or cycle of the trig function. One period for the sine function = $2\pi/|B|$
- C = is called the *phase angle*. The value of C also controls the phase shift left or right of the trig function's graph. The phase shift = C/B. Note that if C/B < 0, the phase shift is to the *right*, and if C/B > 0, the phase shift is to the *left*.

So in this problem the phase angle is -3π .